

National School Breakfast Week				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3/4 <u>Choose One</u>	3/5 <u>Choose One</u>	3/6 <u>Choose One</u>	3/7 <u>Choose One</u>	3/8 <u>Choose One</u>
Peach Cobbler Biscuit (31g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g) 3/11 Choose One	Sunrise Egg/Cheese Calzone (42g) Peanut Butter & Jelly Graham (30g) 3/12 <u>Choose One</u>	Cinnamon Cheesy Breadstick (24g) Peanut Butter & Jelly Graham (30g) 3/13 Choose One	Cinnamon Pancakes (35g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g) 3/14 Choose One	Apple-Filled Jammer (41g) Peanut Butter & Jelly Graham (30g) 3/15 <u>Choose One</u>
Cinnabar (45g) Peanut Butter & Jelly Graham (30g)	Egg & Cheese Croissant (28g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)	Turkey Sausage & Cheese on Biscuit (27g) Apple Blueberry Chip Bar (48g)	Yogurt Parfait (63- 78g) Peanut Butter & Jelly Graham (30g)	Assorted Pancakes (36-40g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)
3/18 <u>Choose One</u> French Toast Sticks (57g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)	3/19<u>Choose One</u> Turkey Ham/Egg/Cheese Croissant (29g) Peanut Butter & Jelly Graham (30g)	3/20 <u>Choose One</u> Turkey Sausage, Egg, & Cheese Pancake Sandwich (32g) Apple Blueberry Chip Bar (48g)	3/21 <u>Choose One</u> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)	3/22 <u>Choose One</u> Grape-Filled Crescent Roll (35g) Peanut Butter & Jelly Graham (30g)
3/25 NO SCHOOL	3/26 <u>Choose One</u> Egg & Cheese Croissant (28g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)	3/27 <u>Choose One</u> Turkey Sausage & Cheese on Biscuit (27g) Apple Blueberry Chip Bar (48g)	3/28 <u>Choose One</u> Yogurt Parfait (63- 78g) Peanut Butter & Jelly Graham (30g)	3/29 <u>Choose One</u> Assorted Pancakes (36-40g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)
NO PORK PRODUCTS OFFERED. NUTRIENT AND INGREDIENT CONTENT AVAILABLE UPON REQUEST.	This institution is an equal opportunity provider. Menu is subject to change. Rev 1/30/2019	A variety of fresh fruits, choice of 1% low fat white milk (13g), skim chocolate milk (24g), Dragon punch (fruit & vegetable juice 13g), orange juice (14g), and apple juice (14g), are offered daily with breakfast. CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST: Assorted Cereals (20-27g) Cheese Stick (1g) Cinnamon Roll (20g) Graham Cracker (19g) Hard Boiled Egg (1g) Muffins (26-28g) Honey Roasted Sunflower Seeds (11g) Yogurt (14-16g)		

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